



THE RED SHOOT
— INN & BREWERY —

Gluten Free Menu

Bar Bites

Mixed olives - vg 4.00

Starters

Soup of the day, warm bread - v 5.75
We can serve this without bread if you are vegan - vg

Sharers

Available from Monday – Saturday.

Nachos topped with cheese, salsa, sour cream and guacamole - v 11.50
Ask us to make this vegan - vg
Add plant-based fajita chicken - vg 2.00

Pub Classics

6X Gold beer battered haddock with chips, mushy peas, tartare sauce 12.75 / 8.25
Honey glazed ham, free-range fried eggs, slow cooked plum tomato and chips 11.75 / 7.75
Butternut gobi dhansak, basmati rice, lime pickle - vg 12.50

Burgers

The Henry - Our signature beef burger, Cheddar cheese, baby gem, tomato, gherkins, onion relish, our burger sauce, skinny fries, coleslaw and dill pickle 13.50
Add smoked streaky bacon 1.00
Panko breaded portobello mushroom burger, halloumi, sweet chilli mayo, baby gem, sweet red peppers, skinny fries and coleslaw - v 12.50

Pies

Served with seasonal greens, gravy, creamy mash or chips

Beef & 6X Gold ale 14.50
Goat's cheese, spinach & sweet potato - v 14.95

We often have specials, ask our friendly team for more information

Sides

Chips - v	3.75	Coleslaw - v or mojo slaw - vg	3.75
Cheesy chips - v	4.25	6X Gold beer	4.00
Skinny fries - v	3.75	battered onion rings - v	
Sweet potato fries - v	4.00		

Sandwiches

Available during lunchtime service hours Monday - Saturday.

Served on your choice of white or malted grain bread.

With skinny fries and dressed house salad.

Homemade 6X Gold beer battered fish goujons, baby gem and tartare sauce	8.50
Mature Cheddar cheese and onion relish - v	7.50
Houmous, sweet red pepper and baby gem - vg	7.25
Honey glazed ham, tomato	8.00

Desserts

Our signature homemade sticky toffee pudding with rich toffee sauce and vanilla ice cream - v	6.25
Apple pie with custard or vanilla ice cream - v	6.25
Choose from our selection of Purbeck ice cream and sorbet - v	
1 scoop 2.25 - 2 scoops 3.75 - 3 scoops 5.25	

Hot Drinks

Our range includes Americano, Espresso, Double Espresso, Flat White, Cappuccino, Latte, Mocha, Speciality Tea, Pot of Tea and Hot Chocolate. Please ask us for prices.

Sunday Roast

Available on Sundays only.

Roasted topside of beef served with crispy roast potatoes, selection of vegetables, Yorkshire pudding and gravy	15.25
Roasted Creedy Carver chicken breast served with crispy roast potatoes, selection of vegetables, Yorkshire pudding and gravy	14.75
Slow cooked pork belly served with apple sauce, crispy roast potatoes, selection of vegetables, Yorkshire pudding, crackling and gravy	15.00

Add a little extra to your roast: Pigs in blankets 4.25 | Yorkshire pudding - v 1.50 | Cauliflower cheese - v 4.45

As a proud independent family regional brewer and pub company, we work with partners who share and support our values. We are committed to reducing food waste and are signed up to the government initiative 'Step up to the plate'. Check out our website for more information.

IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE PLEASE LET US KNOW BEFORE ORDERING AND ASK FOR OUR ALLERGY MATRIX. Although we take all reasonable precautions to prevent cross contamination of allergens, this is not always possible as we handle and prepare a variety of open foods that contain allergens. Our menu descriptions do not include all ingredients. (v) = vegetarian option. (vg) = vegan option. All weights are approximate before cooking. Fish dishes may contain small bones. We aim to support local farmers and growers from the Assured Food Standards Association. Prices are in pounds sterling and include VAT, at the current rate. All menu items are subject to availability. We reserve the right to withdraw/change offers (without notice), at any time.

